1. Population Needs

1.1 National / local context and evidence base

Children and young people in the youth justice system are at high risk of multiple health inequalities and poor life chances and as such are a key target group for health services charged with narrowing the gap in outcomes between the highest and lowest achieving children. Barriers to progress include higher than average:

- Mental health vulnerabilities
- Levels of learning disabilities
- Levels of speech and communication needs
- Health inequalities
- Rates of problematic drug and alcohol use

These young people are less likely to have their needs identified early in primary care or school settings.

The Care Quality Commission has undertaken a number of thematic reviews into health provision in Youth Offending Teams (YOTs) which have resulted in a number of recommendations about the importance of early assessment, integration of health needs into care planning, working with families and carers, and ensuring that transition planning is in place.

2. Outcomes

2.1 NHS Outcomes Framework Domains & Indicators

<table>
<thead>
<tr>
<th>Domain 1</th>
<th>Preventing people from dying prematurely</th>
</tr>
</thead>
<tbody>
<tr>
<td>Domain 2</td>
<td>Enhancing quality of life for people with long-term conditions</td>
</tr>
<tr>
<td>Domain 3</td>
<td>Helping people to recover from episodes of ill-health or following injury</td>
</tr>
<tr>
<td>Domain 4</td>
<td>Ensuring people have a positive experience of care</td>
</tr>
<tr>
<td>Domain 5</td>
<td>Treating and caring for people in safe environment and protecting them from avoidable harm</td>
</tr>
</tbody>
</table>
2.2 Local defined outcomes

<table>
<thead>
<tr>
<th>Output / Outcome</th>
<th>Target</th>
</tr>
</thead>
<tbody>
<tr>
<td>YOT service users to be registered with a GP</td>
<td>90%</td>
</tr>
<tr>
<td>YOT service users to have had a dental check within the last year</td>
<td>90%</td>
</tr>
<tr>
<td>YOT service users to have up to date vaccinations (including school leaver booster)</td>
<td>90%</td>
</tr>
<tr>
<td>YOT staff to have improved knowledge and skills relating to the health needs of YOT service users: proportion of YOT staff accessing training annually</td>
<td>50%</td>
</tr>
<tr>
<td>Percentage of young people referred who engage with the service</td>
<td>95%</td>
</tr>
<tr>
<td>YOT service users having a transition plan to adult services where appropriate</td>
<td>90%</td>
</tr>
</tbody>
</table>

3. Scope

3.1 Aims and objectives of service

To promote and improve the physical and sexual health of YOT service users, primarily young people subject to supervision by the YOT.

To supervise the assessment of care needs and the development, implementation and evaluation of appropriate packages of care

To provide information and advice to parents/carers of young offenders to improve their understanding of and ability to manage a young person’s health needs

To ensure that YOT service users have access to a general school nursing service

To undertake preventative work and promote good physical for YOT service users.

3.2 Service description / care pathway

- To undertake a health needs assessment for all young people referred to the YOT, using an appropriate screening tool
To ensure that every young person identified as needing ongoing health support has a written care plan, which has been agreed and shared with their YOT case worker.

To provide a health assessment for the YOT team.

Support YOT service users in accessing mainstream health services. In particular, to ensure that every young person is registered with a GP, has a dental check at least annually and has up to date immunisations.

To provide brief interventions, support and where necessary referral to appropriate services for health improvement including smoking cessation, healthy eating, weight management and contraception.

To provide support around sexual health and relationships including working with couples and young families where appropriate. To identify young people at risk of sexual exploitation and make onward referrals to support services such as Bristol Against Sexual Exploitation (BASE)

To produce six monthly reports on the health needs of young people engaged with the YOT in order to contribute to mapping of health needs.

To ensure that all young people with ongoing health needs have a transition plan into adult services.

To liaise with young people in the secure estate where appropriate.

The service will form an integral part of the YOT team and will
- Participate in office duty rotas as agreed with the YOT manager
- Participate in YOT meetings, training, events and conferences as appropriate

### 3.3 Population covered

The eligible population for this service is those young people who are receiving support from the Bristol Youth Offending Team.

### 3.4 Any acceptance and exclusion criteria and thresholds

The YOT Health Team will work with all young people referred to the YOT

### 3.5 Interdependence with other services / providers
The YOT Nurse will work closely with the specialist CAMHS service for the Youth Offending Team. The service will have pathways in place to make onward referral to specialist services including CAMHS, Substance Misuse and Speech Language and Communication.

3.6 Safeguarding

Please refer to overarching specification.

3.7 Equality and Diversity

Please refer to overarching specification.

4. Applicable Service Standards

4.1 Applicable national standards (e.g. NICE)

4.2 Applicable standards set out in Guidance and/or issued by a competent body (e.g. Royal Colleges)

4.3 Applicable local standards

5. Applicable quality requirements and CQUIN goals

5.1 Applicable Quality Requirements (See Schedule 4 Parts [A-D])

5.2 Applicable CQUIN goals (See Schedule 4 Part [E])